

Emmet County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

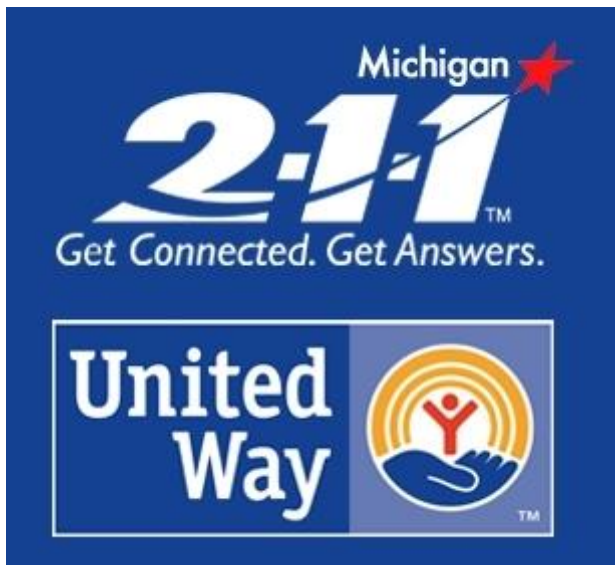
2021

Emmet
County
Community
Resource
Guide

[A guide to services in your community]

[TABLE OF CONTENTS]

Abuse & Protective Services	[1]
Adult Aging Services	[1]
Animal Support	[2]
Disability Resources.....	[2]
Education & Training	[2-3]
Emergency & Disaster Services	[3]
Employment Assistance.....	[3]
Financial Assistance	[3]
Fitness, Recreation & Rehabilitation.....	[4]
Food, Clothing & Household Assistance	[4]
Healthcare Services	[4-6]
Clinics & Hospitals	[4-5]
Dental Resources.....	[4]
Hearing Resources	[5]
Medical Equipment	[5]
Mental Health & Counseling.....	[5-6]
Pharmacies & Prescription Assistance	[6]
Substance Abuse	[6]
Vision Resources.....	[6]
Housing Assistance	[6]
Emergency Shelters & Warming Centers.....	[6]
Low Income Housing	[6-7]
Legal Assistance.....	[7]
Parenting/Pregnancy Resources	[7]
Support Groups	[7]
Transportation	[8]
Tribal Services	[8]
Veterans Affairs.....	[8]
Volunteer Opportunities.....	[8]
City & County Departments.....	[8]



ABUSE & PROTECTIVE SERVICES

- Children & Adult Protective Services
.....(855) 444-3911
- Common Ground Crisis Line(800) 231-1127
- Equality Michigan.....(313) 537-7000
- Love Is Respect Hotline(866) 331-9474
- Michigan Coalition to End Domestic & Sexual
Violence (MCEDSV)(517) 347-7000
- National Domestic Violence Helpline
.....(800) 799-7233
- RAINN (Rape & Incest National Network)
.....(800) 656-4673
- Stop It Now! Hotline(888) 773-8368
- Department of Human Services
..... (231) 348-1600
Petoskey
- Women’s Resource Center.....(231) 347-0082
Petoskey
- Crisis Hotline<https://13reasonswhy.info/>
- Crisis Hotline TEXT Reason to 741741

ADULT AGING SERVICES

- Area Agency on Aging of Northwest MI
..... (800) 442-1713
- Department of Human Services..... (231) 348-1600
Petoskey
- Disability Network..... (231) 922-0903
- Friendship Centers of Emmet County
..... (231) 347-3211

- Hospice Assist of Northwest
Michigan..... (800) 551-4140
- Harbor Springs
- Meals on Wheels.....(800) 632-7334
- Medicare.....(800) 633-4227
- Medicare/ Medicaid Assistance Program
(MMAP).....(800) 803-7174
- Northeast Michigan Community Service Agency
(NEMSCA).....(989) 356-3474
- Social Security Administration.....(800) 772-1213
- Veterans Affairs.....(231) 348-1780

Adult Day Services

- Angel Heart Home Care.....(231) 347-4800
- Friendship Centers of Emmet County
.....(231) 347-3211
- Petoskey
- McLaren Adult Day Services.....(231) 348-0771
Petoskey

Adult Foster Care

- Cadwell Contract Home.....(231) 537-4628
Carp Lake
- Hillside Haven.....(231) 539-8281
- Levering
- Mallard Cove Assisted Living.....(231) 347-2273
Petoskey
- Maveric Manor.....(231) 539-8351
Pellston

Alzheimer’s & Dementia Support

- Alzheimer’s Association.....(800) 272-3900
- Call for a complete list of groups
- Alzheimer’s Association of Northwest MI
.....(231) 929-3804
- Catholic Human Services.....(231) 947-8110
- Caregiver Support
- Friendship Centers of Emmet County Counsel on
Aging(231) 347-0300
- Respite Services & Dementia Support Group
Petoskey

Assisted Living

- American House..... (231) 348-2600
Petoskey, MI
- Independence Village..... (231) 348-8498
Petoskey, MI
- Mallard Cove Assisted Living..... (231) 347-2273
Petoskey, MI
- Perry Farm Village..... (231) 526-1500
Harbor Springs, MI

ANIMAL SUPPORT

Emmet County Animal Control.....(231) 439-8900

Animal Shelters

Emmet County Stray Center.....(231) 348-5550
Petoskey
Little Traverse Bay Humane Society.....(231) 347-2396
Harbor Springs

DISABILITY RESOURCES

Disability Network.....(231) 922-0903
Ramp building assistance
Michigan Commission for the Blind.....(800) 292-4200
Vocational Rehabilitation
Division on Deaf, DeafBlind & Hard of hearing
.....(313) 437-7035
North Country Community Mental Health
.....(800) 834-3393
United Cerebral Palsy.....(800) 828-2714
Low interest loans for vehicle modifications
Veterans Affairs(231)348-1780
Petoskey

EDUCATION & TRAINING

McLaren Library and Learning Center
.....(231) 487-4500
Lending library and classes
Petoskey
Crooked Tree Arts Center.....(231) 347-4337
Petoskey
MSU Extension(231) 348-1770
Harbor Springs
North Central Michigan College.....(888) 298-6605
Petoskey
Northern Homes Community Development
Corporation.....(231) 582-6436
Financial & Homebuyer Education
Boyer City

Adult Programs/Continuing Education

Northwest Michigan Works(231) 439-5204
Petoskey

Colleges/Career Centers

North Central Michigan College.....(888) 298-6605
Petoskey, Cheboygan
Northwest Michigan Works.....(231) 347-5150
Petoskey

Childcare Centers & Preschools

Emmet County Community Resources Updated 2021

Bear Cub Child Care Center.....(231) 539-8699
Pellston
Blackbird Preschool Childcare.....(231) 526-4602
Harbor Springs
Children's Learning Center.....(231) 347-0067
Petoskey
Harbor Light Readiness Program.....(231) 347-7859
Harbor Springs
Little Traverse Bay Band (LTBB) of Odawa Indians
Head Start.....(231) 539-8325
Pellston
NMCAA Preschool.....(231)548-2261
Alanson, Petoskey, Ottawa
Northern MI Community Child Development
Center.....(231) 487-4563
Petoskey
Pellston Elementary(231) 539-8421
Preschool, Pellston
Petoskey Children's Nursery Inc.....(231) 347-6581
Petoskey
Petoskey Montessori Children.....(231) 348-2190
Petoskey
St Francis Pre-K Child Care.....(231) 347-3651
Petoskey
Stretch Kindergarten Extended.....(231) 548-5890
Alanson, Preschool
The Harborage.....(231) 526-4840
Harbor Springs
Zion Lutheran Church Preschool.....(231) 347-2757
Petoskey

Community Education

Emmet County Educational Classes.....(231) 439-8900
Boating, Hunters, ORV, Snowmobile Safety
Michigan State University Extension
Variety of education workshops.....(231) 348-1770
YMCA.....(231) 348-8393
CPR, Sports, Archery, etc.
Petoskey

Schools

Char/Em ISD(231) 547-9947
Crooked Tree High School(231) 487-0136
Alternative school, Harbor Springs

Lakeview High School.....(231) 348-1774
Alternative school, Petoskey

Concord Academy of Petoskey(231) 439-6800
Harbor Springs Public Schools(231) 526-4545

High School(231) 526-4800
 Middle School.....(231) 526-4700
 Blackbird Elementary(231) 526-4600
 Shay Elementary.....(231) 526-4500
Mackinaw City Public Schools(231) 436-5587
 High/Middle/Elementary
Pellston Public Schools(231) 539-8682
 Pellston Elementary School.....(231) 539-8421
 Pellston Middle/High School.....(231) 539-8801
Public Schools of Petoskey(231) 348-2100
 Central Elementary(231) 348-2110
 Lincoln Elementary.....(231) 348-2120
 Ottawa Elementary(231) 348-2130
 Sheridan Elementary.....(231) 348-2140
 Petoskey High School(231) 348-2160
 Petoskey Middle School(231) 348-2150
 Petoskey Montessori Elementary(231) 348-2190

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police.....911
 American Red Cross of Northwest MI
(231) 947-7286
 Center for Disease Control and Prevention
(800) 232-4636
 Poison Control.....(800) 222-1222
 Suicide Prevention(800) 273-8255
 Salvation Army(231) 347-3531
 Petoskey
 Tri-County Office of Emergency Management
(855) 515-1624
 Charlevoix-Cheboygan-Emmet

Law Enforcement

Emmet County Sheriff.....(231) 347-2036
 Harbor Springs Police Department(231) 526-6211
 Mackinaw City Police Department(231) 436-7861
 Petoskey Police Department(231) 347-2500
 State Police Department.....(231) 347-8101

EMPLOYMENT ASSISTANCE

Unemployment Office Hotline.....(866) 500-0017
 Emmet County Department of Veterans Affairs
(231) 348-1780
 Vocational Rehabilitation & Employment
 Area Agency on Aging Senior
 Employment Program.....(800) 442-1713
 Women's' Resource Center.....(231) 347-0067
 Employment and Education Service

FINANCIAL ASSISTANCE

Michigan Department of Health & Human
 Services(231) 348-1600
 MSHDA: Step Forward(231) 922-3790
 Northwest Michigan Community Action
 Agency.....(231) 347-9070
 Tax Assistance(866) 698-9435
 Website.....www.myfreetaxes.com
 Utility, Rent, Medical, Prescription Assistance
 Saint Francis Xavier Parish(231) 347-4133
 Utility, Rent, Medical, Prescription Assistance
 Salvation Army Petoskey(231) 347-3531

FITNESS, RECREATION & REHABILITATION

AnyTime Fitness(231) 348-2500
 Petoskey
 Bay Tennis & Fitness(231) 487-1713
 Harbor Springs
 Center City Gym(231) 487-1205
 Petoskey
 First Choice Physical Therapy.....(231) 439-3750
 Petoskey
 John and Marnie Demmer Wellness Pavilion
 Petoskey.....(231) 487-4000
 Northern Michigan Sports
 Medicine Center.....(231) 347-9300
 Petoskey, Harbor Springs
 Tim Bondy Physical Therapy
 Conway(231) 487-6163
 YMCA of Northern Michigan.....(231) 348-8393
 Petoskey

FOOD, CLOTHING & HOUSEHOLD ASSISTANCE

Char-Em United Way(231) 487-1006
 Petoskey
 Department of Human Services.....(231) 348-1600
 Petoskey
 Gold Mine Thrift Store(231) 347-3970
 Petoskey
 Goodwill(231) 348-6947
 Petoskey
 Habitat for Humanity(231) 348-6926
 Petoskey
 New Beginnings Thrift Store.....(231) 348-2980

Harbor Springs
 NMCAA Food Distribution.....(231) 347-9070
 Commodity & Emergency Food Assistance
 Petoskey
 Northern Michigan Diaper Pantry
 Located in Bldg. next to Manna Harbor Springs
 W.I.C. Program..... (231) 347-6014
 Pregnant and Breastfeeding Woman, Infants and
 Children
 Harbor Springs
 Women’s Resource Center.....(800) 275-1995
 Petoskey

Pantries

Alanson Church of the Nazarene.....(231) 548-5462
 Alanson
 First Christian Church of Petoskey(231) 347-6181
 Hot meals & Pantry
 Petoskey
 Harbor Springs Community.....(231) 526-2017 ext.
 143
 Harbor Springs
 Jesus is Lord-Bay Shore Pantry(231) 348-2086
 Bay Shore
 MANNA Project(231) 347-8852
 Harbor Springs
 Salvation Army.....(231) 347-3531
 Petoskey
 Seventh Day Adventist Church.....(231) 347-6651
 Petoskey
 St. Francis/Brother Dans.....(231) 347-7423
 Food Pantry/M Meal Petoskey

Soup Kitchens & Meals

First Presbyterian Church.....(231) 347-4792
 Petoskey
 Friendship Center of Emmet County ... (231) 347-3211
 Meals on Wheels/Community Meal
 American Red Cross.....(800) 733-2767
 Petoskey United Methodist Church.....(231) 347-2733
 Salvation Army(231) 347-3531
 Community Meal

HEALTHCARE SERVICES

Clinics & Hospitals

McLaren Northern Michigan
 Hospital.....(231) 487-4000
 Emmet County Community Resources Updated 2021

Petoskey
 McLaren Family Practice(231) 487-9355
 Petoskey
 Bay View Obstetrics & Gynecology.....(231) 487-2340
 Petoskey
 Charlevoix Family Medicine(231) 547-1308
 Harborside Spine & Sports Center(231) 348-3283
 Petoskey
 Health Dept of Northwest Michigan....(231) 347-6014
 Harbor Springs
 Little Traverse Primary Care(231) 347-5400
 Harbor Springs
 Mackinaw City Medical Clinic(231) 436-9900
 Mackinac Straits Health System.....(906) 643-8585
 St. Ignace
 Northern Michigan Mid Center(231) 487-2000
 Northern Michigan Medical Center(231) 348-2828
 Petoskey
 Planned Parenthood(231) 347-9692
 Petoskey
 St. Ignace Medical Clinic(906) 643-0466

Dental Resources

Dental Clinics North(231) 348-3970
 Community Dental Center-Petoskey/Harbor
 Springs
 Dentistry by the Bay.....(231) 347-7471
 Petoskey
 Great Lakes Oral & Maxillofacial Surgery
(231) 487-1020
 Petoskey
 Harbor Pointe Dental.....(231) 577-4700
 Petoskey
 Little Traverse Endodontics(231) 347-8905
 Petoskey
 Northern Dental Group.....(231) 539-8467
 Pellston
 Dental Lifeline Network..... (517) 347-6994
 Website.....<http://dentallifeline.org/michigan>
 Petoskey Dental Associates(231) 347-2100
 Petoskey
 Petoskey Family Dental Care(231) 347-6058
 Petoskey
 Straits Area Dental(231) 548-7400
 Alanson

Hearing Aids

HearingLife of Petoskey(231) 753-3243
 Michigan Relay Center for Deaf/Hard of Hearing
 Powered by Hamilton Relay(800) 833-7833

Miracle Ear(231) 794-6176
 Petoskey
 Petoskey Ear Nose & Throat Specialists
(231) 487-3277
 Audiology & Hearing Aids
 Relay Center for Deaf/Hard of Hearing.....711

Medical Equipment & Loan Closets

ALS of Michigan.....(800) 882-5764
 Equipment loan program for ALS and PLS patients
 only
 Friendship Centers of Emmet County
 Petoskey.....(231) 347-3211
 Wheelchairs, toilet risers, walkers, hand rails, shower
 seats, etc.
 United Cerebral Palsy Michigan.....(800) 828-2714
 Michigan Assistive Technology Loan Fund and
 Michigan Employment Loan Fund
 Muscular Dystrophy Association(800) 572-1717
 Medical equipment loan closets in Michigan
 Paralyzed Veterans of America- MI ..(800) 638-6782
 Wheelchairs, power chairs, adaptive sports
 equipment, hoists, lifts, etc.
 The National Federation of the Blind
(410) 659-9314

Mental Health & Counseling Services

Community Mental Health 24-Hr Crisis
 Line.....(877) 470-4668
 Harbor Hall Substance Abuse Services
(231) 347-5511
 Petoskey
 Hiawatha Behavioral Health(906) 643-8616
 24 hour Crisis.....(800) 839-9443
 St. Ignace
 Hidden Brook Counseling Services(231) 487-1885
 Petoskey
 National Suicide Prevention Lifeline(800) 273-8255
 North Country Community Mental
 Health.....(231) 347-6701
 Petoskey
 Problem Gambling Help-Line.....(800) 270-7117
 24-hours, 7-days
 Sault Tribe Behavioral Health Services
(906) 643-8689
 St. Ignace
 Third Level Crisis Center- 24 hour.....(231) 922-4800
 Toll Free(800) 442-7315
 Women’s Resource Center of Northern
 Michigan.....(231) 347-0067

Petoskey

Pharmacies & Prescription Assistance

Friendship Center of Emmet County ..(231) 347-3211
 Petoskey
 Michigan’s Prescription Drug Discount Card- miRx
(866) 755-6479
 Individuals with no prescription drug coverage
 Partnership for Prescription Assistance
www.pparx.org
 RxAssistwww.rxassist.org
 Database of pharmaceutical company assistance
 programs
 NeedyMeds.....(800) 503-6897
 Information resource to locate medication assistance
 programs
 Kelbel’s Pharmacy.....(231)526-5971
 Harbor Springs
 Meijer Pharmacy-Petoskey.....(231) 348-6364
 Various Free Prescriptions
 Rite Aid Petoskey(231) 347-8282
 Rx Savings Program
 Walgreens Pharmacy(231) 348-7510
 Petoskey
 Walmart Pharmacy-Petoskey(231) 439-0071
 Discount drug program

Substance Abuse

Harbor Hall Substance Abuse Services
(231) 347-5511
 Petoskey
 Narcotics Anonymous (NA) Hotline ..(800) 230-4085
 Substance Abuse Hotline(800) 662-4357
 Substance Use Treatment Services... ..(800) 834-3393
 24-hours, 7-days- referral to treatment

Vision Resources

Campbell Eye Care(231) 487-5315
 Petoskey
 Grand Traverse Ophthalmology Clinic of Petoskey
(231) 487-2020
 Infinity Eye Care.....(231) 622-4779
 Petoskey
 Pleasant View Eye Wear & Eye Care....(231) 348-1255
 Harbor Springs
 Professional Optical.....(231) 487-0171
 Petoskey
 Vision Max PC.....(231) 439-3937
 Petoskey
 Visions of Harbor Springs.....(231) 526-7501
 Harbor Springs

Wal-Mart Vision Center(231) 439-0078
Petoskey

HOUSING ASSISTANCE

American Red Cross(800) 733-2767
Northwest Michigan Community
Action Agency(231) 347-9070
The Heat and Warmth Fund(800) 866-8429
USDA Rural Development(231) 941-0951

Emergency Shelters & Warming Centers

Nehemiah House.....(231) 347-0363
Petoskey, MI
Women’s Resource Center(231) 347-0067
Domestic Abuse Program
Petoskey, MI

Low Income Housing

Northwest Michigan Community
Action Agency (800) 443-5518
Crooked River Apartments(231) 548-5786
Alanson
Harbor Area Housing.....(231) 526-7108
Harbor Springs, MI
Hillside Senior Apartments(231) 526-7108
Harbor Springs
Home Stretch (rental & purchase).....(231) 947-6001
Huron Apartments(231) 627-7835
Mackinaw City
Riverview Terrace(231) 347-2030
Petoskey
Traverse City Housing Commission....(231) 922-4915
Traverse Woods Apartments(231) 347-6711
Petoskey
USDA Rural Development(517) 324-
5190wa
Wawatam Apartments.....(231) 627-7835
Mackinaw City, Cheboygan
Windmere Pines.....(800) 968-1792
Harbor Springs

LEGAL ASSISTANCE

Legal Services of Northern Michigan...(989) 705-1067
Bankruptcy, Consumer, Elder and Family
Women’s Resource Center(231) 347-0067
Domestic Violence and Family
Grand Traverse Band of Ottawa &
Chippewa Indians.....(800) 817-5017

Domestic Violence and Family
Michigan Indian Legal Services(213) 947-0122

PARENTING/PREGNANCY RESOURCES

McLaren Northern Michigan.....(231) 487-4762
Childbirth, Breastfeeding, Postpartum, Sibling
Classes. Petoskey
Health Department of Northwest
Michigan.....(231) 347-4630
Breastfeeding Support Services, Parent Support
Partner, Healthy Lifestyles
Life Roots Family & Birth Collective.....(231) 675-4674
Childbirth, Breastfeeding and Family Classes
Petoskey
Women’s Resource Center(231) 587-8891
24-Hour Crisis Line(800) 275-1995

SUPPORT GROUPS

Alcoholics Anonymous.....(231) 348-5005
Al-ANON.....(231) 675-7044
Disability Network of MI.....(800) 782-4160
Equality Michigan.....(313) 537-7000
Alzheimer’s disease and Dementia Support Group
Second Wednesday of every month, 2:00 – 3:30 pm
in the Petoskey Center library
Caregiver Support Group
Fourth Thursday of every month, 1:30 – 3:00 p.m. in
the Petoskey Center library
Gender Expression Empowerment.....(231) 259-5649
Low Vision Support Group
First and third Wednesday of every month, 11:30 –
1:00 p.m. in the Petoskey Center multi-purpose room
Parkinson’s Support Group
Fourth Wednesday of every month, 2:00 – 3:30 p.m.
in the Petoskey Center library

TRANSPORTATION

Friendship Center Busses.....(231) 348-3425
Senior Citizens
Straits Regional Ride(866) 731-1204

TRIBAL SERVICES

Department of Civil Rights.....(517) 335-3165
Little Traverse Bay Bands of

Odawa Indians(231) 242-1400
Harbor Springs
Michigan Indian Legal Services(231) 947-0122
Sault Ste. Marie Tribe of Chippewa
Indians.....(906) 643-8689
St. Ignace Tribal Health Clinic

Little Traverse Township.....(231) 526-0351
Pleasantview Township Hall.....(231) 526-8140
Resort Township Hall.....(231) 347-7915
West Traverse Township Hall.....(231) 526-7361

VETERANS AFFAIRS

Cheboygan VA Community Based
Outpatient Clinic(231) 436-5176
Mackinaw City
Disabled American Veterans.....(989) 348-5645
Emmet County Veterans Affairs(231) 348-1780
Harbor Springs
Michigan Veterans Affairs.....(800) 642-4838
Veterans Administration.....(800) 827-1000
Paralyzed Veterans of America.....(800) 638-6782
Veterans TOLL Free Numbers.....iris.custhelp.va.gov

VOLUNTEER OPPORTUNITIES

McLaren Adult Day Center(231) 348-0771
Bay Bluffs.....(231) 526-4400
Char-Em United Way(231) 487-1006
Emmet County Humane Society(231) 347-2396
Northwest Michigan Habitat
For Humanity(231) 348-6926
Harbor Springs
Salvation Army(231) 347-8500

City & County Departments

County Clerk's Office.....(231) 348-1744
Friend of the Court.....(231) 348-1717
Office of Community Corrections.....(231) 348-0680
Emmet County Road Commission.....(231) 347-8142
Emmet County Parks & Recreation....(231) 348-5479

Harbor Springs Chamber of Commerce.....
(231) 526-7999
Harbor Springs City Hall.....(231) 526-2104
Harbormaster.....(231)526-5335
Petoskey City Manager's Office.....(231) 347-2500
Village of Alanson.....(231) 548-5431
Mackinaw City Village Hall.....(231) 436-5351
Village of Pellston.....(231) 539-7355
Bear Creek Township.....(231) 347-0592
Friendship Township Hall.....(231) 526-8955

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.